

گولیاں

ہسٹین®  
ایبستین بی۔ پی۔ ۱۰ ملی گرام

الرجی کے علاج کیلئے

خوراک:

۱۲ سال سے زیادہ عمر کے بچوں اور بڑوں کیلئے:

ایک گولی (۱۰ ملی گرام) دن میں ایک مرتبہ

۶ سے ۱۱ سال تک کے عمر کے بچوں کیلئے:

آدھی گولی (۵ ملی گرام) دن میں ایک مرتبہ

۶ سال سے کم عمر کے بچوں کیلئے ڈاکٹر کی ہدایات کے مطابق استعمال کریں۔

ہدایات:

- \* دوا کو ٹھنڈی اور خشک جگہ پر رکھیں۔
- \* دوا کو گرمی، روشنی اور نمی سے محفوظ رکھیں۔
- \* دوا ڈاکٹر کی ہدایات کے مطابق استعمال کریں۔
- \* تمام دوائیں بچوں کی پہنچ سے دور رکھیں۔

پیشکش:

ہسٹین فلم کوئڈ گولیاں (۱۰x۱) ایلو۔ ایلو۔ ایلو۔ ایلو۔ ایک میں دستیاب ہیں۔



Manufactured by:

**Schazoo Zaka (Pvt) Ltd.**

Kalalwala, 20-Km Lahore-Jaranwala Road,  
Distt: Sheikhupura, Pakistan.

Tablets

**Hestin®**  
Ebastine B.P. 10 mg

#### COMPOSITION:

Each film coated tablet contains;  
Ebastine B.P. ....10 mg

#### CLINICAL PHARMACOLOGY:

Ebastine, the active ingredient of **Hestin**, produces a strong and prolonged selective blocking of the peripheral H1 receptors for histamine. The duration of its action allows to administer ebastine once daily. The drug is free from any anticholinergic activity. Since it has no access to central H1 receptors for histamine, it does not show sedative effects. It does not potentiate the effects of alcohol.

#### INDICATIONS:

**Hestin** is used for the symptomatic treatment of allergic conditions, such as: allergic rhinitis or conjunctivitis, both seasonal and perennial (nasal discharge, nasal itching, eye itching, weeping, sneezing, etc.), chronic urticaria and allergic dermatitis.

#### DOSAGE & ADMINISTRATION:

**For children over 12 years and adults:**

1 tablet (10mg) once daily.

**Children from 6 to 11 years:**

1/2 tablet (5mg) once daily.

For Children under 6 years use as advised by the physician.

#### CONTRA-INDICATIONS:

**Hestin** is contra-indicated in patients who are known to be hypersensitive to its active ingredient.

#### PRECAUTIONS AND WARNINGS:

Since Ebastine reaches its therapeutic effects within 1 to 3 hours after administration, therefore it must not be used in urgent acute allergic cases.

##### a) Interactions:

Ebastine can interfere with the results of dermal allergic tests and therefore, these tests should not be performed till 5 to 7 days after treatment discontinuation. It could strengthen the effects of other anti-histaminic agents.

##### b) Pregnancy and lactation:

Ebastine should be used during pregnancy only if clearly needed. It is not known, whether this drug is excreted in human milk, therefore it should not be used during lactation.

#### EFFECTS ON ABILITY TO DRIVE AND USE MACHINES:

In men, psychomotor function has been investigated extensively and no effect was found at recommended therapeutic doses. A study focused on car driving ability indicated that ebastine did not induce any driving impairment even at 30 mg. Based on these results, ebastine at recommended therapeutic doses does not affect the ability to drive or operate machines.

#### SIDE EFFECTS:

Rarely cause headache, asthenia, nervous excitement, gastric intolerance, diarrhoea and constipation.

#### OVERDOSAGE:

Single doses of 50 to 90 mg (5 to 9 times the recommended therapeutic dose) have been well tolerated and do not affect vital constants. Up to date, no case has been reported on Ebastine intoxication. If there is any sign of intoxication, proceed to gastric washing and administration of the appropriate symptomatic maintenance treatment.

#### STORAGE CONDITIONS:

- \* Store in a cool and dry place.
- \* Protect from heat, light and moisture.
- \* Keep all medicines out of the reach of children.

#### PACKING:

**Hestin** film coated tablets are available in (1x10) Alu-Alu blister pack.